

Zucchini Pancakes

Yields: 2 servings

Ingredients:

3 eggs
1 tbsp. coconut flour
salt and black pepper
2 cups shredded zucchini
coconut oil or bacon fat

Method:

Beat eggs with coconut flour, sea salt and pepper. Mix in shredded zucchini until well combined.

Add about 1/8 inch coconut oil to large skillet over medium/low heat and spoon mixture on in 4-6 inch rounds.

Cook until firmly held together. Flip and cook on other side.