

VeraVia – Roasted Pepper, Tomato and Herb Salad

Ingredients:

2 red tomatoes, sliced
½ red pepper and ½ yellow pepper, roasted over an open flame or broiler until
blackened, then seeded and sliced into ½ inch strips
¼ red onion, thinly sliced
3 tbsp. extra virgin olive oil
1 tbsp. balsamic vinegar
1 tsp. each parsley, oregano, basil (reserve some for garnish)
Salt and pepper

Optional: 1 tsp. capers plus 10 black olives (reserve some for garnish)

Method:

- Into a medium bowl place tomatoes, peppers, onions, herbs, as well as capers and olives if using.
- Toss with oil and vinegar and season to taste.
- Top with reserved herbs, capers and olives if using.