

## **VeraVia – Greens with Seasonal Citrus, Avocado and Red Onion**

**Serves 2**

### **Ingredients:**

4 cups seasonal mixed greens  
1 total cup mixed of grapefruit, orange, Cara-cara orange, or blood orange, tangerine, peeled and sliced into moons  
½ avocado, sliced  
¼ red onion, sliced  
3-4 tbsp. red wine vinaigrette

### **Method:**

- Assemble vinaigrette below.
  - Arrange all on a plate nicely and spoon vinaigrette over. Alternatively, toss greens with vinaigrette and arrange other ingredients (tossed in a little bit of extra dressing) on top of greens.

### **Vinaigrette (yields extra):**

#### **Ingredients:**

2 tbsp. red wine vinegar  
6 tbsp, extra virgin olive oil  
½ tsp. Dijon Mustard  
½ clove of garlic, crushed and chopped  
Salt and pepper

#### **Method:**

Mix garlic and mustard together in a medium bowl and drizzle vinegar in while mixing. Follow by drizzling oil in while whisking together. Add salt and pepper to taste.