

Zucchini Oven Chips

Ingredients:

2 1/2 cups (1/8 inch-thick) slices zucchini (about 2 small)

1/4 cup ground almonds...

1/4 cup grated fresh Parmesan cheese

1/4 t seasoned salt

1/4 t garlic powder

1/8 t black pepper

2 T whole milk (or almond milk, etc.)

Directions:

Preheat oven to 425. Combine first 5 ingredients in a medium bowl, stirring with a whisk. Place milk in a shallow bowl. Dip zucchini slices in milk, and then coat in dry mixture. Place coated slices on an oven proof wire rack coated with cooking spray; place rack on a baking sheet. Bake at 425 for 20 minutes or until browned and crisp. Serve immediately.

Minutes to Prepare: 10

Minutes to Cook: 2