

Greenies

All into a food processor...and go!

1 cup kale stems removed

1 cup raw sunflower seeds

½ cup chia seeds

5 large Medjool dates, pits removed

About ¼ cup dried tart cherries

4 tbsps. Cashew or almond butter

¼ tsp. salt

Process, roll into balls and lightly coat with raw shredded coconut.